

PERSONAL TESTIMONIALS

of

Adult Graduates from

Journeys – Baker County Family Recovery Courts



“Ever since that first drink so many years ago, I never dreamed that I would be so welcome into anything by so many people.

As a child, my family moved around quite a bit so to have friends was simply not in the cards. However, here I have made deep relationships with some wonderful people. People that came from the other side of the law. I accepted these people into my life and have found peace and fellowship.

Today, I share my past with others as they have shared with me. I find strength in our numbers and hope in our futures.

None of this would be possible if it weren’t for the team at Journeys. They have my deepest respect.

Journeys will always have my continued support.” – D.H.

“Thanks to the drug court I have really gotten to know myself, and I’m liking it! I’m a much better person, Father, spouse, and provider. I have learned to be responsible, accountable, honest, and doing the right thing. I’ve been an alcoholic most of my life. I’ve been to lots of treatment centers, jails, lost a lot of good jobs and family members. I’ve met a lot of good people through Journeys, and of course God, my Higher Power, a very caring Judge, both attorneys, the probation department, the treatment court specialist, Lynn, and the whole staff at B.M.A.P. (Blue Mountain Addictions Program). I’ve learned to respect the law. It’s here to help others. Thank you so much. You’ve changed my life.” – J.G.

“Our family recovery court “Journeys” became a cornerstone in my personal recovery. It helped me stay accountable to something outside of myself until I could feel comfortable with and accountable to myself, my peers, and my Higher Power.” – M.D.

“Thanks to Drug Court I’m a better parent and son. I’ve learned to be a better person. I feel better physically, mentally, and emotionally. Life is great”. – P.N.

“Journeys gave me the opportunity and the extra nudge that I needed to find some spirituality and belief in a Higher Power. Without these I continued to walk a dark and dangerous path that led me to no-where but the nightmare of addiction, loss, and incarceration. It taught me the untruths that I always believed and justified by being my own higher power.” – M.R.

“Drug Court gave me a second chance at living a record free life and taught me I can live my life drug free and be happy.” – R.M.

“This taught me to be more of a responsible person and Father. I learned a lot about myself that I never knew cause I was a totally difficult person then, than what I am today. I think that it is a really good program and it is a good experience. I think everyone should go that wants to get clean and sober.” – J.R.

“Drug Court showed me that the Judge and other people really do care about each and every one of us personally. I could see that the team cared from their hearts and always had time for me no matter what, to give me so much encouragement. I’ve been an addict for 30 years. Treatment centers (out-patient and in-patient) never worked for me. It wasn’t until I was in Drug Court that my life changed and even though I was headed for a prison sentence, that didn’t matter to me at the time. What really mattered to me was feeling in my heart how the Judge and the people working with Drug Court cared about me. Their kind words of support is what gave me the road to recovery. As most of us addicts come from disrupted families and we have created more disrupted lives as we were in our addiction, Drug Court showed that they believe in us, that we are ok, and they really do care about us to take the time for all their support to put Drug Court together to help us.” – N.S.

“The public humiliation of being arrested and jailed for my second DUII was enough to commit me to abstinence. A good counselor in recovery taught me that my three years of serious alcohol abuse was a result of post traumatic stress. Circumstances that I was and had experienced: tragedy, death, heartbreak, subconsciously led me to self medicate with alcohol. Abstinence from alcohol wasn’t the hard part. The most difficult part was walking through the painful traumatic events of my life. Jail would have been easier no doubt, however, jail would not have addressed or identified the root of my problem. The thing that keeps me abstinent or sober: “I’m not willing to pay for the consequences of alcohol use”. – Anonymous



As the Recovery Team, we challenged you to change OUR lives...

By seeing you change YOUR life.

You did it!

Congratulations Graduates! We are very proud of all of you.

--Journeys - Baker County Recovery Team --