

Building Your Interpreting Muscles:

Making This Year Your Breakthrough Year

Kelly Varguez

Saturday, April 5th, 9:00 AM—12:00 PM

3 OJD General CEUs*

As interpreters, we must embrace lifelong learning, continually refining our craft. However, the demands of work and personal life often make it challenging to prioritize professional growth. This interactive session will provide you with practical tools and strategies to integrate skill-building into your daily routine, empowering you to advance your career without compromising your busy schedule. Participants will explore the four essential elements of an effective practice regimen and discover practical strategies for building their skills even with the busiest of schedules. By the end of the session, you'll leave with a customized 6- or 12-month skills-building plan tailored to your unique needs—putting you on a clear path to leveling up. Join us and make this the year you elevate your interpreting!

Participants will:

- Identify the four key elements of an effective practice regimen
- Brainstorm strategies to create time for interpreting practice
- Design a 6- or 12-month study plan to make skills building a regular part of life
- Perform technique drills and interpreting exercises to enhance their proficiency

*see registration form for additional CEU information

2025 Pacific Northwest
Court Interpreter Conference

